Form to Exercise Your Personal Data Rights

I, the undersigned

	within the Company
	□ Supplier □ Provider □ Customer □ Distributor □ Other (please specify): Panelist Candidate for Recruitment Whistleblower Employee
	AB, a company registered in the Brive Trade and Companies Register under er 330 496 043 00036, headquartered at Madrias,19130 Objat,
Request, in accordance with Articles 16, 17, and 18 of the General Data Protection Regulation (GDPR), that SILAB:	
_	Delete all my personal data from its database; Limit the processing of my personal data (i.e., your data will be "frozen," meaning that SILAB will retain your data but no longer be authorized to process it, except as provided for by regulation (consent, exercise or defense of legal rights, protection of the rights of another natural or legal person, important reasons of public interest of the Union or of a Member State); Rectify my personal data (as specified below).
In accordance with Article 19 of the GDPR, SILAB will communicate this request to each recipient of the personal data in question.	
I would like to receive information about these recipients as soon as possible and at the latest within one month of signing this form (Article 12.3 of the GDPR).	
incom	absence of a response within the given time frame or in the event of an olete response, I reserve the right to submit a complaint to the French vission nationale de l'informatique et des libertés (CNIL).
Date:	
Signat	ure: